RED CRESCENT BULLETIN

SERVING THE MOST VULNERABLE PEOPLE SINCE 1947

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Pakistan Red Crescent Emergency Relief Teams Tackle Flood-related Troubles

Just over one year after the devastating 2011 floods in Pakistan, monsoon rains have once again caused flooding that has left massive swathes of the northern part of sindh under water. The unusual heavy rains in months of August and September have caused floods in most of the districts of Sindh province. The floods have resulted in 251 deaths and 2449 injuries, damaged 359,77 houses and affected 245,45 hectares of crop area. Over 3.1 million people are affected by floods as reported by PDMA.

PRCS, Sindh Branch responded immediately through its district branches. Response teams including staff and volunteers trained in emergency response, first aid, and healthcare were deployed to the affected areas of the flash floods to carry out rapid needs assessments and provide emergency relief.

PRCS Sindh Branch sent a Rapid Assessment Team to have an idea of urgent needs to make immediate plan of action. Established a control room at PHQ and a communication channel with District Branches-DM Cells. Started dispatching Relief Good to District Branches to initiate necessary distributions. All DM Cells were put on high alert and all trained volunteers were called for the Relief Operation. The PHQ Officers were deployed as Team Leaders in each district to carry out the Relief Operation. Daily Situation Report is being sent to all concerned from control room of the PHQ. PRCS, Sindh Branch however immediately deployed assessment, relief & medical teams in flash flood affected areas of District Jacobabad, Shikarpur and Kamber Shahdadkot. PRCS, Sindh Health Department has deployed seven medical teams are currently active. So far they have attended 37000 patients in three districts. The major diseases being treated are skin disorders, acute respiratory tract infection, diarrhea and acute gastroenteritis. The mobile health units are also conducting health and hygiene awareness sessions, including preventive measures to safeguard against waterborne diseases.

Although the floods of 2012 are not as severe as those in preceding years, thousands of families face an annual struggle during the monsoon season. On a positive note, reports from field assessment teams indicate that the housing constructed by the Red Crescent in the wake of the 2010 floods have successfully withstood the recent flooding - ample testimony of the policy of building back better.

ASSISTANCE PROVIDED BY PRCS, SINDH BRANCH
Total Families Reached:2358 HH

S.No.	Relief Items	Grand Total
1.	Foods Parcels	525
2.	Tents	481
3.	Trapaulin Sheets	475
4.	Hygiene Kits	1649
5.	Kitchen Set	154
6.	Jerry Cans 10 Liters	70
7.	Mosquito Nets	1055
8.	Purified Water Distributed (in Liters)	3000 families (10 lit per family)
9.	Patients Attended	37000

Further supply of Food Parcels and Non food items (NFIs) are in the pipeline.

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THIS NEWSLETTER IS ISSUED BY THE PAKISTAN RED CRESCENT SOCIETY SINDH PROVINCIAL BRANCH FOR MEMBERS & VOLUNTEERS FROM HILAL-E-AHMER HOUSE, CLIFTON ROAD KARACHI.

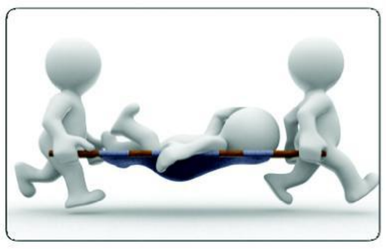
SINDH RED CRESCENT WILL ENHANCE ITS RELIEF OPERATION FOR THE FLOOD AFFECTEES: *FARZHANA NAEK*

Sindh Red Crescent is engaged in extensive relief operation in Sindh and carrying out its activities in relief, Health and water purification. The Chairperson of PRCS-Sindh Mrs. Farzhana Naek shared this information while briefing journalists after conclusion of a visit to flood-affected areas in Jacobabad. While Deputy Commissioner Jacobabad Mr. Rafique Ahmed Buriro was also present. She also visited Mobile Health Units and Water purification Plants in the relief camps of Jacobabad in the rain flood affected areas.

She also visited flash flood affected villages of District Shikarpur where distribution of Ration, tents and Hygiene kits were made by her. She said the aim of her visit was to personally get first-hand knowledge about the needs of people and further gear up relief and medical operations to provide maximum support to victims.

The PRCS, Sindh dispatched three teams in the flood affected areas for provision of safe drinking water to flood victims and distribution of relief items. During this rain emergency Pakistan Red Crescent Society, Sindh Branch provided assistance to 2000 families in Districts of Shikarpur, Kambar Shahdadkot and Jacobabad. The assistance included food parcels, tents, tarpaulins, mosquito nets, hygiene parcels, jerry canes and kitchen sets. The Water Purification Plants are providing purified drinking water to more than 3000 families daily. Over Seven medical teams of Sindh Red Crescent have thus far treated over 25,000 patients suffering mostly from scabies, diarrhea and malaria. The PRCS-Sindh Provincial Secretary Kanwar Waseem, Chairman District Branch Jacobabad Dr. Saleem Thaheem and Health Manager Dr. Ali was also with her in flood affected areas.

TRAINED VOLUNTEERS OF EMERGENCY RESPONSE TEAM CONDUCTED RESCUE OPERATION



Pakistan Red Crescent Society (PRCS), Sindh Provincial Branch has deployed its Emergency Response Team (ERT) within 15 minutes of fire incident on Tuesday evening at Ali Enterprises Garments Factory located at Hub River Road Site Area Baldia Town, District West, Karachi.

Red Crescent ERT included 25 Emergency Response volunteers from different areas of Karachi and a number of fully equipped Red Crescent Ambulances, a temporary control room in Provincial Headquarters was also established for backup support. They were the first responders on blazed site. Initially they provided first aid to first six injured and shifted them to Abbasi Shaheed Hospital. According to PRCS Emergency Response Officer, their team members carried around 100 dead bodies and shifted to hospital.

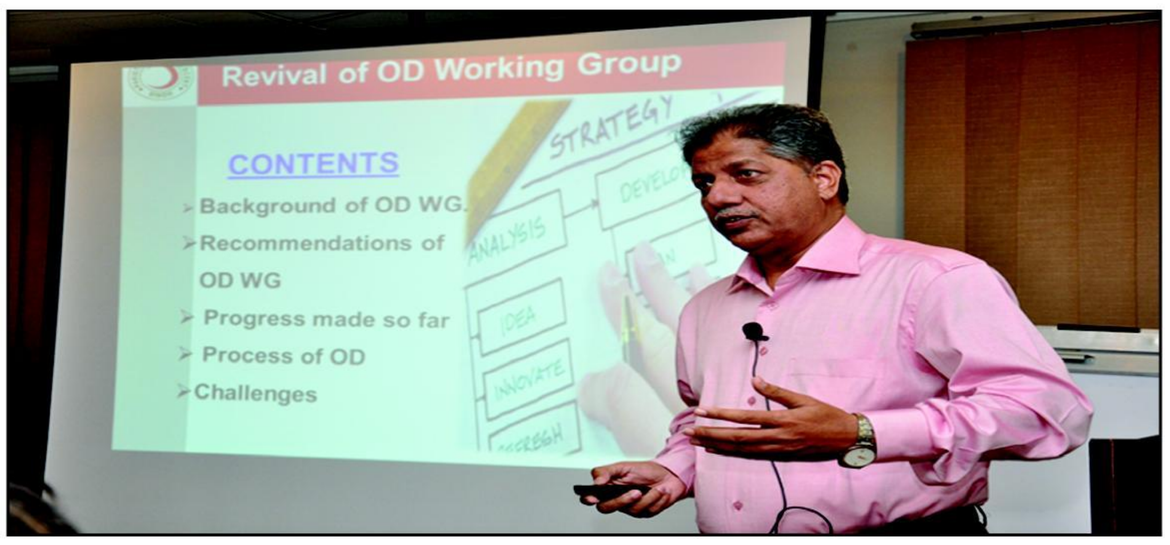
ERT members said there was no electricity in the factory at night. The operation has slowed down but they have not suspended their effort. Chivalrous Emergency Response Team members provide first aid to injured, Relief to affected families

and involved in nonstop three days Rescue Operation with other rescue teams. Sindh Red Crescent Assessment team including ERT and Psychosocial Support Program members reached to the victims' families at UC-2 Ittehad Town and UC 4 Chandni Chowk, Tipu Sultan Road. The objective was to assess the level of stress, trauma, and threat in these families as well as to identify their psychosocial needs and available resources to cope with the situation.

REPRIORITIZATION OF PAKISTAN RED CRESCENT SOCIETY STRATEGY

The Pakistan Red Crescent Society NHQ Islamabad has organized a "Strategy Review Meeting" from 1st to 3rd Oct. 2012 with all Movement partners. It was revealed that the donor dependency of the PRCS needs to be reduced as much as possible. Keeping in view the overall donor fatigue and financial constraint, the international donors are reducing their overall budget, resulting most of the programs are going to close or minimize within one year or so.

After detailed deliberations and discussions it was agreed that financial sustainability & fund raising would be the top priority of PRCS. The Provincial Secretary Kanwar Waseem represented the Sindh Branch and delivered a presentation on "Organizational Development System in PRCS, Challenges and future strategies". The Review in Health Priorities was also discussed with special focus on HIV/ Aids, Hepatitis, Blood Bank, BHUs and MHUs.



SUCCESS STORY: SHELTER PROGRAMME HAVING POSITIVE IMPACT

Pakistan has seen the worst of floods in the past two years. Millions have been displaced in Sindh Province. We all know the figures relating to the devastation caused by these floods. While there is despair all around, yet there is hope. Hope in the form of food, clean water, shelter, livelihood and rebuilding the infra-structure. There are way too many flood affected persons to satisfy in terms of aid.

Pakistan Red Crescent Society, Sindh Branch presenting a success story of "Imam Hussain & his family", a flood affected person.

Then there are those who appreciate the help coming through Pakistan Red Crescent Society and one such case Imam Hussain is a resident of village Shakar Muhammad Brohi, UC Qubo Saeed Khan, District Kambar Shahdadkot, who has received Shelter and Medical facilities in PRCS-IFRC 2010 Flood IRP. Imam Hussain said that he is a poor farmer and before flood 2010 he lived in his muddy constructed house with his family. He has two wives and 11 children. In flood 2010 his house, crops and cattle were completely destroyed. He left his village for saving lives and shifted temporary in an area of Baluchistan province, where he started labour work for earning money. His earning was not too much for taking care of his family. After three months he came back in his native village where he saw that everything has destroyed and everyone was living with sorrows and difficulties. He said Pakistan Red Crescent helped him when he really had no hope in life. PRCS initially provided clean drinking water, food parcels and free medication to his family. He further said PRCS constructed a shelter and latrine for his family, now he is living in that shelter and also feeling very comfort in his life. He also attended hygiene sessions and learnt how to prevent his family from diseases. He & his family thanked to Pakistan Red Crescent who gave shelter and other facilities. He prays for them all times.

PREPARE JOURNALISTS TO SAVE LIVES

Keeping in view the ongoing violence in Karachi, the Pakistan Red Crescent Society, Sindh Provincial Branch in collaboration of International Committee of Red Cross (ICRC) has organized three days Red Cross & Red Crescent Movement Dissemination and First Aid Training Workshop for Media Personnel from September 26-28, 2012 in Hotel Regent Plaza, Karachi.

The workshop was inaugurated by PRCS-Sindh Member of Managing Committee Siddique Sheikh and Honorary Treasurer Shiekh Jalaluddin.

The participants were nominated by managements of Karachi Union of Journalists (KUJ), Association of Television Journalists (ATJ) and Karachi Press Club (KPC). Around 25 media practitioners from famous TV channels including DAWN NEWS, Aaj TV, ARY News, Vibe TV, Waseeb TV, Dunya TV, Samaa TV and famous Newspapers including The News, Daily Nawa-e-Waqt, Daily Dunya, Daily Jassarat, Daily Eeman, Daily Mussawwat, Daily Pakistan, AP News Agency and Online News Agency.

On the first day of workshop, PRCS-Sindh Provincial Media Officer Muhammad Aftab Madni gave a brief introduction of Red Cross Red Crescent Movement, Seven Fundamental Principles, Components of Movement and core activities of Pakistan Red Crescent Society.

PRCS-Sindh Training Coordinator Dr. Rizwana Wasif provided Basic First Aid Training to participants. She emphasized on basic life support, bandages, bone fractures, giving first aid in case of a heart attack, snack biting, helping burn victims, shifting injured to hospital and other first aid methods. All methods were practiced by participants. Theoretical and Practical exams were also conducted from participants.

In closing ceremony, PRCS-Sindh Vice Chairman Rafique Ahmed Jaffery said accidents, bomb blasts and other emergencies are frequent in Karachi and journalists are generally the first to arrive at the scene. If they know the basics of first aid, they can save many lives while also protecting themselves.

PRCS-Sindh Honorary Treasurer Shiekh Jalaluddin admired the journalists for their interest and enthusiasm to participate in First Aid Workshop.

PRCS-Sindh Provincial Secretary Kanwar Waseem said first aid training is very important for media practitioners whether they are in field or at home. He further said we all are well aware of the fact that Journalism is a service to society, and its role is to investigate facts and to inform the public. The journalists can play a very important role to pursue humanitarian diplomacy to prevent and reduce vulnerability in a globalized world.

KUJ President GM Jamali said that Sindh Red Crescent has filled a gap because there was high need of First Aid Training for journalists. The Journalists community will hope that Red Crescent will continue this service and enhanced their capacity. He requested to Red Crescent Management to establish a fully fledged equipped hospital in Karachi.

PRCS-Sindh Honorary General Secretary Dr. Farooq Memon announced that PRCS-Sindh Branch is also building a Trauma Centre near Numaish Chorangi Karachi which will be in operation within 8 months.

Pakistan Federal Union of Journalists (PFUJ) Secretary General Amin Yousuf appreciated the efforts of Sindh Red Crescent for organizing First Aid Training Workshop for journalists. He said that PFUJ & KUJ will always welcome & support Red Crescent humanitarian activities.

The journalists also requested to Red Crescent to organize first aid training workshops in Hyderabad Press Club and Sukkur Press Club.

In last, all participants were awarded course passing certificates, First Aid Boxes and other give away material.

PRCS, SINDH INTEGRATED RECOVERY PROGRAM HEALTH UPDATES FOR THE MONTH OF AUGUST/SEPTEMBER 2012

Name of District	Unit	OPD	H.P Beneficiaries	PSP Beneficiaries by MHU	PSP Beneficiaries by Volunteers
Larkana	MHU	1673	4164	5732	6585
Larkana	BHU	2499	-	-	-
KSK	MHU	2853	5379	6383	5167
Shikarpur	MHU	2631	4730	6119	7029
Jacobabad	BHU	2604	-		5878
Thatta	BHU	1024	-	-	-
Total		13284	14273	18234	24659

COMMUNITY BASED HEALTH & FIRST AID (CBHFA)

Community Based Health & First Aid (CBHFA) sector of Health Department PRCS-Sindh has distributed EID gifts to the Women and children of Ladies Jail and Darul Aman of Larkana. The Authorities of Jail and Darul Aman and Ladies Jail appreciated the Red Crescent for remembering the needy people in time of Eid festival. Refresher trainings of volunteers and coaches of CBHFA and PSP conducted in districts of Shikarpur, KSK and Larkana.

PSYCHOSOCIAL SUPPORT PROGRAM (PSP)

Psychosocial Support Program (PSP) team included Ms. Evelyn Lacsina, IFRC Health Coordinator and PHQ Health Department conducted filed visit in villages of District Shikarpur, Kambar Shahdadkot and Larkana. Where they meet with 295 PSP Volunteers and 295 CBHFA Volunteers.

HEALTH RISK REDUCTION CAMPAIGN IN GADAP TOWN (POLIO AND HEPATITIS)

PRCS is committed to continue its efforts in stamping out Polio virus from the City. PRCS is working vigorously in the GADAP Town for Polio Eradication. Amongst others, UC–4 is one of the most vulnerable, where outbreak of Polio feared over next few months. Deadly disease can be halted with focussed planning and comprehensive population wide vaccination program. PRCS is putting efforts to eradicate the crippling viral disease. The registered 40 volunteers have conducted 47977 HH survey. According to their survey 153 paralysed patients, 1500 Hepatitis cases have founded. According to WHO resources, polio virus reported in areas of Gulshan-i-Iqbal, Gaddap Town & Baldia Town in Karachi.

FIRST AID TRAINING FOR OUR SOCIETY HAS LONG-TERM BENEFITS

The 19 staff members of Engro Fertilizers, 11 staff members of APP (Pvt) Ltd and 35 of Pfizer Pakistan have received Emergency First Aid with CPR training in the month of August & September. Emergency First Aid Courses were also organized for Origins Elementary School and PIA Scouts. In the month of August & September training institute provided training to 1049 beneficiaries in 21 First Aid Training Courses.

Donate us To Help The Most Vulnerable

RED CRESCENT SINDH
ERT
EMERGENCY RESPONSE TEAM

ADVANCED TRAINING COURSE FOR EMERGENCY RESPONSE TEAM MEMBERS

In view of prevailing circumstances in the city, the Pakistan Red Crescent Society (PRCS) Sindh Chapter in collaboration of International Committee of Red Cross (ICRC) organized an advanced training course for enhanced the capacity of Emergency Response Team (ERT) to cope up with any emergency or disastrous situation.

Twenty five (25) ERT volunteers comprising both girls and boys from all five districts of Karachi participated in five days training from August 28 to September 01, 2012. The basic objective behind training was to equip participants as to how emergency situations that include provision of first aid to victims of incidents, bomb blast, traffic mishap, floods or those maimed in war, are dealt with. The training also covered Disaster Management Mechanism, Role and Responsibilities of ERT, Volunteer Management, Safer Access and Restoring Family Links. ERP & Fire Fighting Training was also provided to participants at PIA Emergency Response Centre CS & QA Building, Karachi. In closing ceremony, the PRCS Provincial Secretary Kanwar Waseem distributed certificates to participants and said that PRCS, Sindh Chapter, will establish its Control and Command Disaster Management System in the next two months in order to cope with any emergency situation.

RELIEF & HEALTH FACILITIES APPRECIATED BY DROUGHT AFFECTED PEOPLE

Sindh Red Crescent become alert and prepared to help the drought-hit affected people when Sindh Government has declared Tharparkar district a calamity-hit area and directed the authorities concerned to provide relief to the people there. PRCS Sindh Branch Provincial Secretary and Honorary Consultant of Sindh Relief Department Kanwar Waseem held consultative meetings with Haleem Adil Sheikh, commissioner and other stakeholders.

PRCS Sindh showed prompt action and organized medical teams to provide maximum health facilities to drought-hit people. Health teams organized medical camps at Vajoto on 28th August 2012 which is 26 kilometres before Tehseel Mithi. Another camp was organized at Diplo on 30th August 2012 which is 45 kilometre away from Tehseel Mithi. In these medical and health promotion camps 1336 people were benefited. These beneficiaries include 932 patients. Health promotion education also benefited 404 people. Food parcels were also distributed amongst 300 affected families of District Tharparkar.

Medical camps were visited by Provincial Secretary PRCS, Relief Minister Sindh and Deputy Commissioner and other local Government Authorities. Haleem Adil Sheikh said that the support and efforts by Pakistan Red Crescent are highly appreciated for successful results. He also admired the cooperation of Red Crescent with Sindh Relief Department. Tharparkar, received 17.5mm of rain on August 31, 2012, which was enough to stop the migration of livestock to the barrage areas.

SINDH RED CRESCENT HOLDS FIRST-AID TRAINING FOR "SPECIAL PERSONS"

Pakistan Red Crescent Society (PRCS), Sindh Provincial Branch on Friday September 8th provided first-aid training to 100 'special persons' and celebrated World First Aid Day. PRCS, Sindh Training Coordinator Dr. Rizwana Wasif said that if we provide first-aid training to special persons they could be very useful and save lives as God gifted them some extraordinary skills as well than a normal person. She said opportunities should be given to remove sense of deprivation among them and enable them to prove their talent and skills. She provided comprehensive training on various subjects including treatment of sudden cardiac arrest, bone fracture, profuse bleeding, protection of victim and ourselves in any incident. A quiz program was organized and First Aid Boxes were also gifted to the participants.

The 'World First-aid Day' was marked every year in the second week of September to spread its awareness among people. The program was held at the Deaf Education Welfare Academy (DEWA) in Gulshan Iqbal, Karachi. The theme named 'First-aid for Vulnerable People' was set for this year to mark the day. Red Cross & Red Crescent Movement is the world's largest force of unpaid assistants helping some 233 million recipients every year. Deputy Commissioner Central Dr. Saif-ur-Rehman and DEWA Academy Director Mr. Rizwan Ahmed also present on the occasion.

YOUNG VOLUNTEER ARE READY TO PLAY THEIR ROLE FOR HUMANITY

The Youth & Volunteer Department of PRCS Sindh Provincial Branch organized one day Awareness Session for 68 participants and Formation of Junior Youth Club in

Rasheed Public School, Karachi. Basically, the session to aware the students and their teaching / non teaching staff about the RC/RC movement. The teachers and students showed great interest in the session and participated very actively during the session. Students were recruited as a volunteer and ready to play their role for the humanity.

IRP PROVINCIAL COORDINATION MEETING

Pakistan Red Crescent Society, Sindh Provincial Branch had conducted its 18th Provincial Coordination Meeting on Integrated Recovery Program 2010-12 with all the movement partners working in Sindh on Thursday, 20th September, 2012 at Carlton Hotel, Karachi. Secretary Sindh Branch Kanwar Waseem and IFRC Sindh Head of OfficeAhmed Sikder had jointly headed the meeting. IFRC

Recovery Coordinator Jaap Timmer, Recovery team from Larkana Hub, German Red Cross, British Red Cross, Norwegian Red Cross and PRCS NHQ & PHQ concerned staff participated in the meeting. PRCS Sindh Program Managers had given their sectoral presentations with the discussions on issues and challenges they are facing in the field.

Meeting has proved itself a very good coordination mechanism and it was very fruitful in resolving the issues & sharing experiences. Amila Suriyarathne, Livelihoods Coordinator, IFRC has ended her mission in Pakistan, PRCS-Sindh branch thanked for her efforts & participation during her tenure.

DISTRIBUTION OF RATION IN THE HOLY MONTH OF "RAMADAN"

Pakistan Red Crescent Society, Sindh Provincial Branch has distributed Ramadan Ration packages during the blessed month of Ramadan among 4000 deserving families of various districts of Sindh province. Their assessment has already been done before the distribution. The distribution process was carried on through verification of CNIC from the list already prepared. The district branches of Sindh Red Crescent played a vital role in distribution. The districts included: Mirpurkhas 500 families, Hyderabad 700 families, Khairpur 500 families, Thatta 500 families, Badin 400 families, Tharparkar (Noukot) 400 families and Karachi 1000 families.

The Ramadan Ration generally contains 20 kilograms contained: "Atta (flour), Sugar, Rice, Biscuits, Pasta, Cooking oil, Dals (pulses), Salt, Tea pack, Red pepper and other cooking cuisines."

The poor people over there were also very happy to receive the assistance in time for Eid festivities and they were praying for the success of Red Crescent and they hope that PRCS will carry on such projects in future as well.

Agha Shahnawaz Babar, Deputy Commissioner / President District Red Crescent Branch Hyderabad and Dr. Muhammad Farooq Memon DRC Hyderabad (Honorary General Secretary PRCS, Sindh) are distributing dates & ration bags among the poor families during the month of Ramzan-ul-Mubarak.

Mr Nazin F Haji, of Infaq Foundation Distributing Tricycle to Disables, Chairman PRCS Khairpur branch Justice(R) Ali Aslam Jaffery is also with him.

Distribution of Ifftar gift in Central Jail Mirpurkhas, Mr. Ghulam Hussain Memon Commissioner and Mr Nadeem ur Rehman Deputy Commissioner /President PRCS Mirpurkhas on this occasion.

Sindh Chief Minister Qaim Ali Shah, Senior Minister Agha Siraj Durani, Relief Miniter Aleem Adil Shiekh, Ayaz Soomro and Deputy Commissioner Shikarpur visited the Emergency Medical Response Camp of PRCS Sindh.

Haji Muhammad Hanif, Honorary Secretary DRC Thatta is distributing ration bags among the poor families during the month of Ramzan-ul-Mubarak.

APPEAL

ALL PHILANTHROPISTS ARE REQUESTED TO DONATE GENEROUSLY TO REDUCE THE SUFFERING OF THE VICTIMS OF FLOOD IN SINDH

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PRCS Sindh Provincial Branch, Hilal-e Ahmar House,
Main Clifton Road, Karachi. Tel: 021-35306227-9, Fax: 021-35830376
E-mail: info@prcsindh.org.pk Website: www.prcsindh.org.pk

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